# Section C-1 Family Member Readiness

The contents of this Toolkit have been developed to assist you in your efforts to support family readiness. Every effort has been made to ensure that the information provided is current and accurate. However, because statutory and regulatory changes may have occurred since the publication of this Toolkit, the Office of the Assistant Secretary of Defense for Reserve Affairs cannot assume responsibility for its continued accuracy. Before taking any significant action based on the contents of this Toolkit, you should contact your Family Readiness Program representative or legal officer, as appropriate, to secure the most current information.

## **Family Member Readiness**

## **Unit Information and Family Member Emergency Notification**

It is important to have a list of important telephone numbers ready at all times. It is extremely helpful when your spouse is deployed or away at training, but it is also beneficial for day-to-day living. There is a complete Unit Emergency Information form in the Service Member TAB, Section B-4, designed specifically for military unit information. There are additional telephone numbers that you should have easily accessible for emergent situations involving your family.

Use this as a guide and develop your own emergency notification list. Show it to your family members, close friends, and neighbors. Most importantly, keep it up-to-date!

<b>Emergency</b>	
Fire Station:	
Police:	
Hospital (closest location, and closest military hospital):	
Poison Control Center:	
Emergency Contact Person (family member, neighbor):	_
Number:(W)	_(H)
<u>Personal</u>	
Employer (name, address, supervisor's name, and telephone number):	
Spouse's Employer (name, address, supervisor's name, and telephone number):	
Military Unit (name and address):	_
	_

### **GUARD & RESERVE FAMILY READINESS PROGRAMS TOOLKIT**

Unit Point of Contact: (	Telephone Number, Com	nmander/Officer in Charg	ge; Command
Chief/First Sergeant; Sup	pervisor):		
Telephone Number:		_(W)	(H)
Family Readiness Progra	am or Key Caller:		
Telephone Number:	(W)		(H)
Family Service Center: _			
Child Care (name, locati	on, and telephone number	er):	
Schools:			
Name Name	Location	Telephone number	Teacher or Guidance Counselor
			Comment
Doctors (name, location,	, and telephone number):		
Dentist (name, location,	and telephone number):		

#### **GUARD & RESERVE FAMILY READINESS PROGRAMS TOOLKIT**

Veterinarian:
Other important numbers:
Emergency Notification (if spouse is deployed or away at training):
If an emergency arises in the family (death, car accident, severe illness), contact:
<ul> <li>Spouse's military unit (Rear Detachment Commander, Family Readiness Program, Family Readiness Group (FRG) Coordinator)</li> </ul>
Telephone number:
American Red Cross
Telephone number:
Provide the following information:
• Service member's full name and social security number
Nature of emergency
Telephone number and contact information